



Better Together

Your Rights



This document is about how we make sure you get your rights.

It is written in a way that is easy to read.



You are important and must be respected.

You can make your own choices.



You have freedom to be yourself and say what you want.

You have the right to a private life.



The people who are close to you help make sure you get your rights.



If you have issues with your mental health or behaviour we do our best to help you.

We work hard to protect you from



- discrimination
- violence
- abuse and neglect

If we think you are being abused, treated badly or in danger we will help you.



We will follow the law and tell the right people.



Children with disability have the same rights as any child.

This is important when we support kids.



Staff are not allowed to become friends with children under 18 years on social media like Facebook.



Staff are not allowed to have any kind of sexual relationship with you.

This is against the law.



If you want information about relationships or sex we will support you to get the information.



If you have issues with your behaviour we will respond in a way that respects your rights.

If you live in our accommodation we support you to manage your money on your own.



We will make sure nobody tries to take your money from you.



We protect your private information.



If you need help to say what you want you can get an **advocate**.

An advocate is an independent person who will speak up for you.

We will help you get an advocate if you want one.